

Always Improving

"None of us are perfect, we all have room to grow, and if you aren't moving forwards then you're probably moving backwards!"

God wants us to be the very best version of ourselves that we can be. And though we can never be perfect here on earth, we can always be improving. Every day we can take one step closer to being the person God always meant for us to be!

Change is always hard, but having the right attitude can help! Instead of being discouraged that you aren't perfect (none of us are!), try to focus on always moving forward. Positive change doesn't happen overnight, it takes a lot of hard work and discipline. But, if you keep at it, little by little you will see improvement. And this is true of all kinds of things: your health, your schoolwork, your relationships with your friends and family, your walk with God, just about everything! None of us are perfect, we all have room to grow, and if you aren't moving forwards then you're probably moving backwards! Let's run the race that the Lord has set before us and strive to be the best version of ourselves that we can be!



Family Time Questions

- Why is it so hard to improve?
- Does God love you just the way you are?
- Why should you work hard to be a better person if God already loves you?
- What are some steps you can take towards being your best self?

Bible Verses

- **Ephesians 2:10** | God wants us to live up to our full potential.
- **Proverbs 10:17** | Sometimes we need help to improve.
- **Philippians 3:13-14** | Keep moving towards God.
- **Deuteronomy 31:8** | The Lord's help is right there.
- **Romans 5:8** | God loves you for exactly who you are.
- **Jeremiah 29:11** | God has big plans for you.

Prayer

Dear God, thank you for loving me even though I'm far from perfect. Help me to always be improving and always taking one more step towards being the best version of myself that I can possibly be. In Jesus' name, Amen.